## Elastic knots

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... a knotted springy wire cannot rest in stable equilibrium without points of self-contact-an experimentally observable fact.

This fact leads to a rather curious "topologically constrained" variational problem; what actually happens if one forms a knot in a piece of springy wire?

Experiments yield some beautiful curves with impressive symmetry ...

- J. Langer \& D. A. Singer 1984


## Self-obstacle problem

The solution itself defines the obstacle


## Lots of knots

Examples. Shoelace, rubber band, wires, submarine communications cables, protein molecules, solar coronal loops, ...


## Characteristics of these objects

- centerline: embedded curve, rectifiable, ...
- curvature ( $\rightarrow$ bending energy [Bernoulli 1739])
- diameter: thickness ( $\rightarrow$ reach [Federer '59])
- impermeability
- topology ( $\rightarrow$ knot type)
- twist
- further physical properties (shear, friction, ...)


## Vocabulary

Knot is an embedded closed curve $u: \mathbb{R} / \mathbb{Z} \rightarrow \mathbb{R}^{3}$.
Ambient isotopy deforms two curves continuously into each other, without self-intersections or pulling-tight.


Knot classes are equivalence classes w. r. t. ambient isotopy. Unknot or trivial knot is any element of the knot class containing the round circle.

Knot classes are classified by the least number of crossings.

## A simple model for long slender objects

Examples. Shoelace, rubber band, wires, submarine communications cables, protein molecules, solar coronal loops, ...


The centerline of these objects can be modeled by a curve $u: I \rightarrow \mathbb{R}^{3}$.

## Bending energy [D. Bernoulli, 1739]

$$
E_{0}(u)=\frac{1}{2} \int_{1} k(s)^{2} d s, \quad u \in H^{2}
$$

- Simplified model: ignoring twist
- 「-limit of three-dimensional nonlinear elasticity [Mora \& Müller '03]
- Applications in models for cell filaments, textile fabrication processes, computer graphics, ...
- Gradient flow [Polden ; Dziuk, Kuwert, Schätzle ; Deckelnick \& Dziuk ; Barrett, Garcke, Nürnberg ; Bartels ; Dall'Acqua, Lin, Pozzi ; ...]


## Minimizing the bending energy within isotopy classes

## Bending energy [D. Bernoulli, 1739]

$$
E_{0}(u)=\frac{1}{2} \int_{1} k(s)^{2} d s, \quad u \in H^{2}
$$

Aim. Find global minimizers within nontrivial knot classes.

## Theorem [Langer \& Singer '85]

The circle is the only (local) minimizer of the bending energy in $\mathbb{R}^{3}$.
Consequence. No bending energy minimizers within a nontrivial knot class. Limits of minimal sequences belong to the weak $\mathrm{H}^{2}$-boundary.

Problem. In the case of the trefoil knot there is a one-parameter family of such limits.


Strategy. Regularization by a self-avoiding functional that separates different isotopy classes by infinite barriers.

## Regularization by a self-avoiding functional

## Variational problem [von der Mosel '98]

$$
E_{\varrho}(u)=\frac{1}{2} \int_{1} k(s)^{2} d s+\varrho \mathcal{R}(u) \rightarrow \min !
$$

Also see [Gallotti \& Pierre-Louis '07; Sossinsky '10; Gerlach et al. '17]

- $\mathcal{R}$ is a self-avoiding functional $\rightsquigarrow$ impermeability
- Limit curves as $\varrho \searrow 0$ are called elastic knots
- Existence of minimizers for any $\varrho>0$
- Computational challenge: strong forces related to bending effects have to be compensated by repulsive forces related to $\mathcal{R}$ to avoid self-intersections
- Consider a suitable gradient descent
- Smooth functional $\mathcal{R}=\mathrm{TP}$ [Buck \& Orloff '95; Gonzalez \& Maddocks '99]
- Discrete $H^{2}$ gradient flow [Bartels \& R. '18]

Self-avoidance

## Tangent-point energies

Modeling "thickness" by a smooth functional

$$
\operatorname{TP}(u)=\frac{1}{2^{q} q} \iint_{\mathbb{R} / \mathbb{Z} \times \mathbb{R} / \mathbb{Z}} \frac{\mathrm{d} x \mathrm{~d} y}{r_{u}(x, y)^{q}}, \quad q>2,
$$

where $r_{u}(x, y)$ denotes the radius of circle tangential at $u(y)$ and intersecting in $u(x)$.


- TP is highly non-local, $\frac{1}{r_{u}(x, y)} \xrightarrow{x \rightarrow y} k(y)$
- self-avoiding property [Strzelecki \& von der Mosel '10]
- characterization of energy spaces [Blatt ' 13 ] $\rightsquigarrow W^{2-1 / q, q}$
- numerical advantage: smoothness, no "intrinsic terms", two-dimensional integration domain


## Tangent-point energies

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$$

where $r_{u}(x, y)$ denotes the radius of circle tangential at $u(y)$ and intersecting in $u(x)$.

We have

$$
r_{u}(x, y)=\frac{|u(x)-u(y)|^{2}}{2 \operatorname{dist}(u(x), \ell(y))}=\frac{|u(x)-u(y)|^{2}}{2\left|u^{\prime}(y) \wedge(u(x)-u(y))\right|}
$$

where $\ell(y)=u(y)+\mathbb{R} u^{\prime}(y)$, so

$$
\operatorname{TP}(u)=\frac{1}{q} \iint_{\mathbb{R} / \mathbb{Z} \times \mathbb{R} / \mathbb{Z}} \frac{\left|u^{\prime}(y) \wedge(u(x)-u(y))\right|^{q}}{|u(x)-u(y)|^{2 q}} \mathrm{~d} x \mathrm{~d} y .
$$

## The importance of being bi-Lipschitz

The bi-Lipschitz constant of an arclength parametrized curve $u: \mathbb{R} / \mathbb{Z} \rightarrow \mathbb{R}^{3}$ is defined via

$$
\operatorname{biL}(u)=\sup _{x, y \in \mathbb{R} / \mathbb{Z}, x \neq y} \frac{|x-y|}{|u(x)-u(y)|} \quad(\geq 1)
$$

Lemma (Uniform bi-Lipschitz estimate) [Blatt \& R. '15]
There is a uniform bound $C_{M, q}<\infty$ such that if $\operatorname{TP}(u) \leq M$ then

$$
|x-y|_{\mathbb{R} / \mathbb{Z}} \leq C_{M, q}|u(x)-u(y)| \quad \text { for all } x, y \in \mathbb{R} / \mathbb{Z}
$$

$\rightsquigarrow$ biL cannot be controlled merely by the Sobolev norm.

## The importance of being bi-Lipschitz

## Lemma

There is a uniform bound $C_{M, q}<\infty$ such that if $\mathrm{TP}(u) \leq M$ then

$$
|x-y|_{\mathbb{R} / \mathbb{Z}} \leq C_{M, q}|u(x)-u(y)| \quad \text { for all } x, y \in \mathbb{R} / \mathbb{Z}
$$

## Corollary (Self-avoidance)

Let $\left(u_{k}\right)_{k \in \mathbb{N}}$ pointwise converge to a curve $u_{\infty} \in C^{0}\left(\mathbb{R} / \mathbb{Z}, \mathbb{R}^{3}\right)$ with a self-intersection: there are $x, y \in \mathbb{R} / \mathbb{Z}, x \neq y$ with $u_{\infty}(x)=u_{\infty}(y)$. Then $\operatorname{TP}\left(u_{k}\right) \rightarrow \infty$ as $k \rightarrow \infty$.

Proof. Assuming the contrary, we infer the existence of a constant $C<\infty$ with $0<|x-y|_{\mathbb{R} / \mathbb{Z}} \leq C\left|u_{k}(x)-u_{k}(y)\right| \xrightarrow{k \rightarrow \infty} 0$.

## The first variation

## Theorem [Blatt \& R. '15]

TP is continuously differentiable on embedded $W^{2-1 / q, q-c u r v e s, ~}$

$$
\delta \operatorname{TP}(u)[w] \leq C_{q}(\operatorname{biL} u)^{2 q+2}\left\|u^{\prime}\right\|_{L^{\infty}}^{q-1}\left\|u^{\prime}\right\|_{W^{1-1 / q, q}}\left\|w^{\prime}\right\|_{W^{1-1 / q, q}} .
$$

If $u, \varphi \in W^{2-1 / q, q}\left(\mathbb{R} / \mathbb{Z}, \mathbb{R}^{3}\right), q \in(2, \infty)$, $u$ embedded and parametrized by arc-length with $u^{\prime} \perp \varphi^{\prime}$

$$
\delta \operatorname{TP}(u)[\varphi]=\mathcal{M}_{0}(u ; u, \varphi)+\mathcal{M}_{0}(u ; \varphi, u)-2 \mathcal{A}_{0}(u ; u, \varphi)
$$

where

$$
\begin{aligned}
& \mathcal{M}_{0}(u ; v, w)=\iint_{\mathbb{R} / \mathbb{Z} \times \mathbb{R} / \mathbb{Z}} \frac{\left|u^{\prime}(y) \wedge(u(x)-u(y))\right|^{q-2}}{|u(x)-u(y)|^{2 q}} \times \\
& \\
& \quad \times\left\langle u^{\prime}(y) \wedge(u(x)-u(y)), v^{\prime}(y) \wedge(w(x)-w(y))\right\rangle \mathrm{d} x \mathrm{~d} y, \\
& \begin{aligned}
\mathcal{A}_{0}(u ; v, w)= & \iint_{\mathbb{R} / \mathbb{Z} \times \mathbb{R} / \mathbb{Z}} \frac{\left|u^{\prime}(y) \wedge(u(x)-u(y))\right|^{q}}{|u(x)-u(y)|^{2 q+2}} \times \\
& \quad \times\langle v(x)-v(y), w(x)-w(y)\rangle \mathrm{d} x \mathrm{~d} y .
\end{aligned}
\end{aligned}
$$

Numerical scheme

## Approximating elastic knots

Prescribing arclength parametrization $\left|u^{\prime}\right| \equiv 1$ gives $k=\left|u^{\prime \prime}\right|$.
We perform a discretization of the $H^{2}$ gradient flow

$$
\left(u_{t}, \phi\right)_{H^{2}}=-\left(u^{\prime \prime}, \phi^{\prime \prime}\right)_{L^{2}}-\varrho \delta \operatorname{TP}(u)[\phi] \quad \text { for all } \phi \in H^{2}, \phi^{\prime} \perp u^{\prime}
$$

- subject to initial and boundary conditions (periodicity),
- incorporating the linearized arc-length condition $u_{t}^{\prime} \perp u^{\prime}$,
- based on piecewise cubic finite elements.


## Theorem (Stability) [Bartels \& R. '18]

The corresponding semi-discrete scheme produces a sequence $\left(u_{k}\right)_{k=0, \ldots, L}$ such that

- the energy $E\left(u_{k}\right)$ is decreasing and
- the arclength violation error $\left\|\left|\left[u^{k}\right]^{\prime}\right|^{2}-1\right\|_{L_{\infty}}$ is unconditionally bounded by the time step size.


## Approximating elastic knots



Which of these are global minimizers of $E_{\varrho}$ within their knot class?

Elastic knots (i.e., limits of these minimizers as $\varrho \searrow 0$ ) are (likely to be)

- circular for BB knots [Gallotti \& Pierre-Louis '07; Diao et al. '20]
- planar for Figure-eight [Avvakumov \& Sossinsky '14; Bartels \& R. '18]

Question. Are elastic knots always planar or spherical? Possibly not [Avvakumov \& Sossinsky '14]

## BB knots

bridge number minimal number of local minima of $\langle u, \nu\rangle$ over $\nu \in \mathbb{S}^{2}$ braid index minimal number of strands required in a circular representation of the knot class

A knot class is BB if bridge index = braid index.

- All torus knots; $8_{5}, 8_{10}, 8_{16}-8_{21}, 9_{16}$
- 33 knots with 10 crossings, 17 with 11, 119 with 12


Theorem [Diao, Ernst, R. '20] The number of BB knots with a given crossing number $n$ grows exponentially with $n$.

## BB knots - heuristics

Let $u: \mathbb{R} / \mathbb{Z} \rightarrow \mathbb{R}^{3}$ be embedded, BB , and parametrized by arclength.

$$
E_{\varrho}(u) \geq \int_{\mathbb{R} / \mathbb{Z}}\left|u^{\prime \prime}(s)\right|^{2} d s \geq\left(\int_{\mathbb{R} / \mathbb{Z}}\left|u^{\prime \prime}(s)\right| \mathrm{d} s\right)^{2}=(\mathrm{TC}(u))^{2} \geq(2 \pi \text { bridge })^{2}
$$

On the other hand, we may find an admissible comparison curve $\tilde{u}$ close to the braid-times covered circle with

$$
E_{\varrho}(\tilde{u}) \leq \underbrace{\int_{\mathbb{R} / \mathbb{Z}}\left|\tilde{u}^{\prime \prime}(s)\right|^{2} \mathrm{~d} s}_{\leq(2 \pi \text { braid })^{2}+\mathcal{O}\left(\vartheta^{2 / 3}\right)}+\mathcal{O}\left(\vartheta^{2 / 3}\right)
$$

Assuming that $u$ is the global minimizer, we find that

$$
E_{\varrho}(u)=(2 \pi \text { braid })^{2}+\mathcal{O}\left(\vartheta^{2 / 3}\right) .
$$

If $\varrho \searrow 0$ we find that $u$ has constant curvature.

## Symmetric elastic knots

Let $\mathscr{C}_{\text {symm }}=\left\{u \in H^{2}\left(\mathbb{R} / \mathbb{Z}, \mathbb{R}^{3}\right)| | u^{\prime} \mid=1, u \in \mathcal{K} \cap \mathcal{S}\right\}$ for some isotopy class $\mathcal{K}$ and a symmetry group $\mathcal{S}$.

- Proceeding as before, we consider a sequence of minimizers as $\varrho \searrow 0$.
- Due to the principle of symmetric criticality [Palais '79] these are critical points of $E_{\varrho}$ for $\varrho>0$.
- The limit curve is called a symmetric elastic knot.


## Theorem [Gilsbach, R., von der Mosel '21]

The (dihedrally) symmetric elastic trefoil is the tangential pair of co-planar circles with exactly one point in common.


We expect an analogous result to hold for general torus knot classes.

## Let's twist!

## A refined model for long slender objects

We attach a frame $F \in H^{1}(I, S O(3))$ to the curve such that $F(s)=[t(s), b(s), d(s)]$ where

- $t=u^{\prime} /\left|u^{\prime}\right|$ is the unit tangent,
- $b$ and $d=u^{\prime} \times b$ are the directors that track the twisting of the frame about the centerline.



## Elastic energy

$$
E(u, b)=\frac{c_{b}}{2} \int_{l}\left|t^{\prime}(s)\right|^{2} d s+\frac{c_{t}}{2} \int_{l}\left(b^{\prime}(s) \cdot d(s)\right)^{2} d s, \quad u \in H^{2}, b \in H^{1}
$$

Special case of a very general theory [Antman ; Maddocks et al. ; Audoly et al. ; Starostin \& van der Heijden ; Neukirch et al. ; Coleman \& Swigon ; Goriely et al. ; Singer et al. ; ...]

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## Elastic energy

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$$

Formal derivation from a general three-dimensional hyperelastic model imposes $c_{b} \geq 2 c_{t}$ [Mora \& Müller '03; Bartels '19].

## A model for inextensible and impermeable rods

$$
\text { Let } u \in H^{2}\left(I, \mathbb{R}^{3}\right), b \in H^{1}\left(I, \mathbb{R}^{3}\right) \text {. }
$$

## Regularized energy

$$
E_{\varrho}(u, b)=\frac{c_{b}}{2} \int_{l}\left|t^{\prime}(s)\right|^{2} d s+\frac{c_{t}}{2} \int_{1}\left(b^{\prime}(s) \cdot d(s)\right)^{2} d s+\varrho T P(u)
$$

- Tangent-point functional TP prevents curves from leaving the isotopy class.
- Computational challenge: strong forces related to bending / twisting effects have to be compensated by tangent-point functional to avoid self-intersections
- Existence of minimizers for $c_{b}>0, c_{t} \geq 0, \varrho \geq 0$


## Gradient descent

$d_{t} u^{k}=\frac{u^{k}-u^{k-1}}{\tau}$ denotes the backward difference quotient.
$\mathcal{F}_{h}$ and $\mathcal{E}_{h}$ are tangent spaces.

1. Choose an initial pair $\left(u_{h}, b_{h}\right) \in \mathcal{A}_{h}$, a step size $\tau>0$, and let $k=1$.
2. Compute $d_{t} u_{h}^{k} \in \mathcal{F}_{h}\left[u_{h}^{k-1}\right]$ s.th. for all $w_{h} \in \mathcal{F}_{h}\left[u_{h}^{k-1}\right]$

$$
\begin{aligned}
& \left(d_{t} u_{h}^{k}, w_{h}\right)_{H^{2}}+c_{b}\left(\left[u_{h}^{k}\right]^{\prime \prime}, w_{h}^{\prime \prime}\right)+\varepsilon^{-1}\left(\left[u_{h}^{k}\right]^{\prime} \cdot b_{h}^{k-1}, w_{h}^{\prime} \cdot b_{h}^{k-1}\right)_{h} \\
& =c_{t}\left(\left[\mathbb{Q}_{h} b_{h}^{k-1}\right] \cdot\left[u_{h}^{k-1}\right]^{\prime \prime},\left[\mathbb{Q}_{h} b_{h}^{k-1}\right] \cdot\left[w_{h}\right]^{\prime \prime}\right)-\varrho \delta \operatorname{TP}\left(u_{h}^{k-1}\right)\left[w_{h}\right] .
\end{aligned}
$$

3. Compute $d_{t} b_{h}^{k} \in \mathcal{E}_{h}\left[b_{h}^{k-1}\right]$ s.th. for all $r_{h} \in \mathcal{F}_{h}\left[b_{h}^{k-1}\right]$.

$$
\begin{aligned}
& \left(d_{t} b_{h}^{k}, r_{h}\right)_{H^{\prime}}+c_{t}\left(\left[b_{h}^{k}\right]^{\prime}, r_{h}^{\prime}\right)+\varepsilon^{-1}\left(\left[u_{h}^{k}\right]^{\prime} \cdot b_{h}^{k},\left[u_{h}^{k}\right]^{\prime} \cdot r_{h}\right)_{h} \\
& =c_{t}\left(\left[\mathbb{Q}_{h} b_{h}^{k-1}\right] \cdot\left[u_{h}^{k}\right]^{\prime \prime},\left[\mathbb{Q}_{h} r_{h}\right] \cdot\left[u_{h}^{k}\right]^{\prime \prime}\right) .
\end{aligned}
$$

4. Stop the iteration if the difference quotients are too small or set $k \rightarrow k+1$ otherwise.

## Stability result [Bartels, R. '19]

## Theorem ( $\theta=1, \varrho=0$ )

The algorithm is well defined and produces a sequence $\left(u_{h}^{k}, b_{h}^{k}\right)_{k=0,1, \ldots}$ such that for all $L \geq 0$ we have

$$
E_{\varepsilon, 0}^{h}\left(u_{h}^{L}, b_{h}^{L}\right)+\tau \sum_{k=1}^{L}\left(\left\|d_{t} u_{h}^{k}\right\|_{H^{2}}^{2}+\left\|d_{t} b_{h}^{k}\right\|_{H^{1}}^{2}\right) \leq E_{\varepsilon, 0}^{h}\left(u_{h}^{0}, b_{h}^{0}\right) .
$$

The iteration is energy decreasing, convergent, and the unit-length violation is controlled via

$$
\max _{k=0, \ldots, L}\left(\left.\| \|\left[u_{h}^{k}\right]^{\prime}\right|^{2}-1\left\|_{L \infty}+\right\|\left|b_{h}^{k}\right|^{2}-1 \|_{L \infty}\right) \leq \tau C_{\star} E_{\varepsilon, 0}^{h}\left(u_{h}^{0}, b_{h}^{0}\right),
$$

where $c_{\star}>0$ only depends on the metrics.

As Riemannian as you can get

## How to efficiently untangle cable spaghetti?

Problem. Parameter-dependent restriction on time step size
Idea. Consider an ODE based on a metric that allows for large motions away from regions of almost self-contact.

- The space $\mathcal{C}$ of embedded curves is a Riemannian manifold [Neuberger '97; Michor \& Mumford '06; Heeren et al. '14; ...]
- Definition of a metric $G$ inspired by $\mathcal{R}$ (degenerating on non-embedded curves)
- Smooth repulsive energy $\mathcal{E}$ gives rise to a field $\operatorname{grad}_{G}(\mathcal{E})$.



## Theorem [R. \& Schumacher '20]

The gradient $\operatorname{grad}_{G}(\mathcal{E})$ is a well-defined, locally Lipschitz continuous vector field on $\mathcal{C}$. There is a unique short-time solution to the ODE

$$
\partial_{t} u_{t}=-\left.\operatorname{grad}_{G}(\mathcal{E})\right|_{u_{t}} .
$$

## Summary

- identify global minimizers of bending or elastic energy within knot classes
- rigorous results for two-bridge torus knots
- simulations based on robust numerical schemes
- future aspects
- extend the setting to higher dimensions
- consider the non-euclidean case (preferred curvature)
- bifurcation analysis?
- twisted trefoil



## Thank you!

